



“The View”
– Go Deep –
Small Group Plan

Dear Small Group Leader:

The discussion to follow is planned around Ephesians 1:1-14. Take the time to read through this passage slowly as a group. After the reading, ask your group, “What did you notice when reading through this passage?” You may find that this one question generates plenty of healthy discussion for the time you will have. Additional questions are provided in case you need them.

OPEN IT / INTRODUCE IT ...

- How often do you compliment others?
- How do you usually respond when someone compliments you?

LOOK AT IT / STUDY IT ...

Read Ephesians 1:1-14 together slowly.

*Paul, an apostle of Christ Jesus by the will of God,
To the saints in Ephesus, the faithful in Christ Jesus:*

²Grace and peace to you from God our Father and the Lord Jesus Christ.

Spiritual Blessings in Christ

³Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. ⁴For he chose us in him before the creation of the world to be holy and blameless in his sight. In love ⁵he^[c] predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will— ⁶to the praise of his glorious grace, which he has freely given us in the One he loves. ⁷In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace ⁸that he lavished on us with all wisdom and understanding. ⁹And he^[d] made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, ¹⁰to be put into effect when the times will have reached their fulfillment—to bring all things in heaven and on earth together under one head, even Christ.

¹¹In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, ¹²in order that we, who were the first to hope in Christ, might be for the praise of his glory. ¹³And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit, ¹⁴who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

Thanksgiving and Prayer

¹⁵For this reason, ever since I heard about your faith in the Lord Jesus and your love for all the saints, ¹⁶I have not stopped giving thanks for you, remembering you in my prayers. ¹⁷I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. ¹⁸I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, ¹⁹and his incomparably great power for us who believe. That power is like the working of his mighty strength, ²⁰which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms, ²¹far above all rule and authority, power and dominion, and every title that can be given, not only in the present age but also in the one to come. ²²And God placed all things under his feet and appointed him to be head over everything for the church, ²³which is his body, the fullness of him who fills everything in every way.

- What did you notice when reading through this passage?

Additional questions that may be helpful:

- What are spiritual blessings?
- In everyday language, how would you describe the spiritual blessings given to you?
- How should knowing that you were chosen to be in the family of God affect your involvement in evangelism?
- What has Christ done on your behalf?
- How have you benefited from the grace of God?

USE IT / APPLY IT ...

- How can you thank God for what He has done for you?
- How can you share with others the blessings God has given you?