



**“The Choice”**  
**— Go Deep—**  
**Small Group Plan**  
**By Robert Stolte**

Dear Small Group,

Ephesians 5:8-10

**For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord.**

**OPEN IT / INTRODUCE IT ...**

- Do you prefer wearing old comfortable clothing or dressing up? Why?
- How do you feel when you wear a new suit or outfit?

**LOOK AT IT / STUDY IT ...**

***For you were once darkness, but now you are light in the Lord.***

- When one becomes a Christian, what basic changes will have to be made in how one lives?
- What aspects of your old self do you still need to get rid of? (This question can be used for reflection but some may be willing to share.)
- What does the phrase “but now you are light in the Lord.” mean to you?

***Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord.***

- How would you rate your spiritual wardrobe: basic? Adequate? Overflowing?
- How does one find out what pleases the Lord?
- What aspect of your Christian life do you want to practice more consistently?

### **USE IT / APPLY IT ...**

- What would be the first step for someone in changing an old pattern of behavior?
- What can you do this week to make your Christian living more consistent?
- Ask God to help you discern and affirm those characteristics in your life that are worthy of the calling you have received.